



STANFORD
CENTER ON
LONGEVITY

MESSAGE FROM THE DIRECTOR

The mission of the Stanford Center on Longevity is to redesign long life. The Center studies the nature and development of the human life span, looking for innovative ways to use science and technology to solve the problems of people over 50 and improve the well-being of people of all ages.

The Stanford Center on Longevity has completed our sixth year, and we have created and nurtured a vibrant community of longevity scholars on campus. Research is our most potent tool in the quest to help our culture adapt to the phenomenon of more people living longer than ever before. We are determined to make sure that research findings do not stay locked away in academia but reach the people who can most benefit from them. We work closely with policymakers and business leaders to disseminate and apply research findings.



Laura L. Carstensen, Founding Director

Over the last year, with the generous help of Marsh & McLennan Companies, we initiated a new Center on Financial Security. With former Secretary of Housing and Urban Development Henry Cisneros, we edited a book about aging in place, entitled *Independent for Life: Homes and Communities for an Aging America* (University of Texas Press.) We developed a new video about the Center's work (see left) and had a busy winter as we hosted three visiting scholars; Professor Dana Goldman from USC, Science Editor Barbara Strauch from the New York Times, and Professor Jack Rowe from Columbia University. Professor Robert Lustig from UCSF Medical School was this year's distinguished lecturer.

We are grateful and appreciative of the support of Stanford University and our donors, collaborators and friends. Particular thanks go to Jack Rowe, Founding Chair of our External Advisory Council, who this year turned leadership of the Council over to Jim Johnson, Vice Chairman of Perseus. We could not do the work that we do without leaders like Jack and Jim.

Sincerely,

Laura L. Carstensen, PhD – Founding Director

Learn more about the work of the Stanford Center on Longevity. This short film describes how the Center combines scientific and technological discoveries with swift entrepreneurial action to address the challenges of aging societies.

Watch "Redesigning Long Life" at:

<http://longevity.stanford.edu/video>

